

WORKSHOPS/SEMINARS/CONFERENCES
CONDUCTED

Report: 2021-2022

S.No:14

TITLE OF THE EVENT : Balanced Foods for Superior Health

Date : 05.11.2021

Time : 10:00 am

Venue : Seminar Hall, Muslim Arts College

No. of Participants : 170

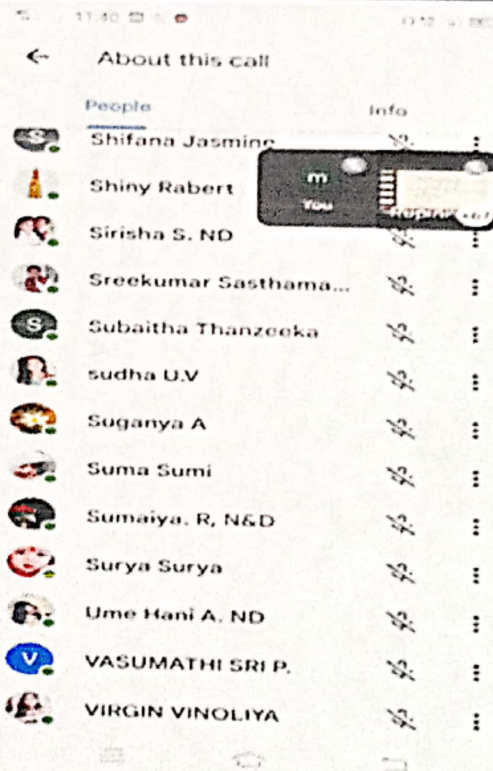
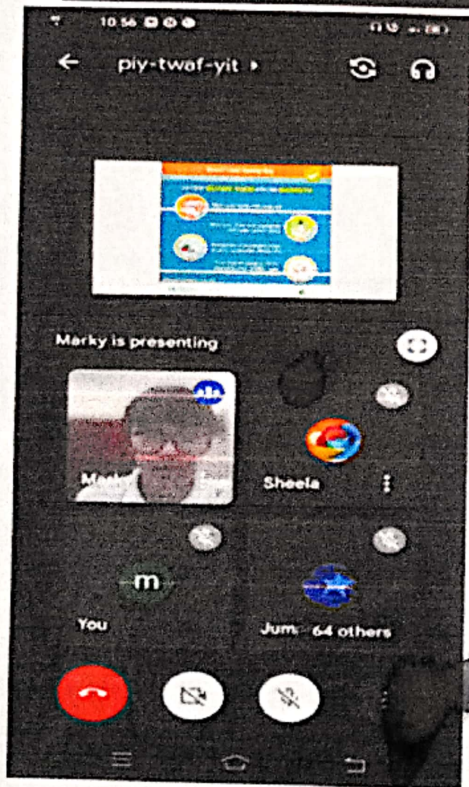
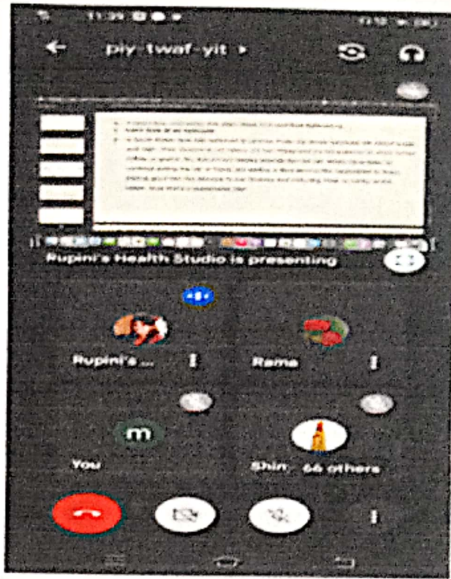
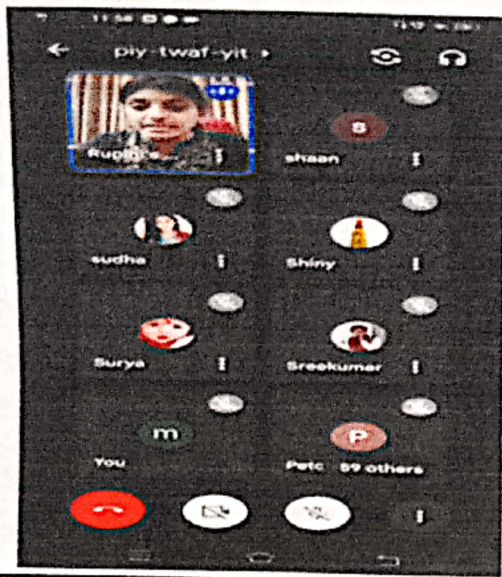
PG AND RESEARCH DEPARTMENT OF NUTRITION AND DIETETICS

REPORT

INTERNATIONAL WEBINAR ON

BALANCED FOODS FOR SUPERIOR HEALTH.

The PG and Research Department of Nutrition and Dietetics of Muslim Arts College, Thiruvithancode organized an International Webinar on 'Balanced Foods for Superior Health' on 5 November 2021 from 10.30 am to 12.30 pm. For this webinar registration link using Google Meeting ID and password was created by T. Sherin Mary HOD of Nutrition and Dietetics. The link was circulated among various academicians, students, Research Scholars and faculty members. Approximately 170 participants from various institutions participated. At the beginning Mrs. T. Sherin Mary, HOD of Nutrition and Dietetics welcomed the participants. Dr.G. Edwin Sheela, Principal, Muslim Arts College gave the principal address, Correspondent Lion. Dr. H. Mohammed Ali gave the presidential address. Lion. Mr.M. Mohammed Afzal Fayaz, Joint Secretary, felicitate the gathering. Vice Principals Dr.A.Mohammed Siddique and Dr. M.Jagathish also gave the felicitation. Mrs.G.C.Gilbis Tamil Priya , Assistant Professor of Nutrition and Dietetics introduced the Chief Guests. Mark ver F. Dadubo, Registered Nutritionist- Dietitian, University of the Philippines Los Banos, Hamad General Hospital Doha, Qatar delivered the speech on "Good Food Good Life". Mrs. Rupini Devi Ramu, Consultant Nutritionist, Hamsa Rehab Centre, Kauvery Hospital delivered the speech on "Nutritional Management during Weight Loss".



The webinar gave an opportunity to the participants to know about the balanced food and Nutritional management. Dr.M. Velvizhi, Assistant Professor of Nutrition and Dietetics delivered vote of thanks. The webinar ended with National Anthem.

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HEAD OF THE DEPARTMENT OF NUTRITION & DIETETICS
MUSLIM ARTS COLLEGE
THIRUVITHANCODE - 629 174

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PRINCIPAL
MUSLIM ARTS COLLEGE
THIRUVITHANCODE - 629 174



MUSLIM ARTS COLLEGE

(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)

Thiruvithancode - 629 174
Kanniyakumari District



International Webinar on Balanced Food for Superior Health

Theme : *Better Nutrition and better life*

Date : November 05,2021 | Time : 10:30 am



Speaker

Mark Ver F. Dadubo
Registered Nutritionist-Dietitian
University of the Philippines Los Baños
Hamad General Hospital Doha, Qatar

Topic : Good Food Good Life



Speaker

Rupini Devi Ramu
Consultant Nutritionist Hamsa Rehab
Centre, (Kauvery Hospital)

Topic : Nutritional Management
during Weight Loss

Organised by
PG and Research Department of Nutrition and Dietetics
Muslim Arts College
Thiruvithancode - 629 174

Lion Dr. H Mohamed Ali
Secretary

Lion M. Alzal Favaz
Joint Secretary

Dr. G. Edwin Sheela
Principal

Mrs. T. Sherin Mary
Head of the Department

Meeting Link : <https://meet.google.com/piy-twaf-yit>
Registration link : <https://forms.gle/DDyzk7QLrjFTM2BE7>

Timestamp	Name	Student or faculty	Designation	Name of the college	Email address	Dep
10/31/2021 9:01:36	Renukadevi S	Student	III-BSc	The standard fireworks Rajaratnam college for woman	19renukadevi-ugnd@sfrcollege.edu.in	Nutr
10/31/2021 9:03:23	Bhuvaneshwari B	Student	III-BSc	The Standard Fireworks Rajaratnam college for woman	19bhuvaneshwari-ugnd@sfrcollege.edu.in	Nutr
10/31/2021 11:37:25	Dr.D.Vijayarani	Faculty	Associate Professor of Home Science	V.V.Vanniarperumal College for women	vijayarani@vvccollege.org	Nutr
10/31/2021 11:41:50	Aruna .D	Faculty	Assistant professor	Udaya college of arts and Science	arunad473@gmail.com	Nutr
10/31/2021 12:01:50	R.SUBHA	Faculty	Assistant professor	V.V.VANNIAPERUMAL COLLEGE FOR WOMEN	subha@vvccollege.org	Nutr
10/31/2021 12:23:36	Dr.K.Pavitra Krishna	Faculty	Assistant Professor	Arul Anandar College Karumathur	ushpav@yahoo.co.in	Nutr
10/31/2021 12:27:27	Sudarsan, Ramathan	Student	Student	Arul Anandar College	rajasadarsan5@gmail.com	Nutr
10/31/2021 12:28:01	KARTHICK.M	Student	Student	Arul anandar college karumathur	Karthimurugan191@gmail.com	Nutr
10/31/2021 12:28:07	Bala murugan,j	Student	Student	Arul anandar college	balamurugan240904@gmail.com	Nutr
10/31/2021 12:30:13	B. Abarna devi	Student	3rd year food science and technology	Arul anandar college	abarnadevi2410@gmail.com	Nutr
10/31/2021 12:56:54	ANBARASAN, K	Student	Student	ARUL ANANDHAR COLLEGE	19sft106@aacdi.edu.in	FOC
10/31/2021 13:01:08	Krithika E	Faculty	Assistant Professor	Arul Anandar College, Madurai	krithi020919@gmail.com	FOC
10/31/2021 13:02:38	Mrs. V Angel Mary	Faculty	Assistant Professor	Sadakahulliah Appa College	angelmary.jesus@gmail.com	Nutr
10/31/2021 13:05:22	S. Rajiv Gandhi	Student	Health	Arul ananthar	rajivrooban26@gmail.com	Nutr
10/31/2021 13:05:28	S. Rishwana sherni	Student	Bsc nutrition and dietetics	Sadakahulliah appa college	sa7530082498@gmail.com	Nutr
10/31/2021 13:05:59	S. Jannath pithous	Student	Bsc	Sadakahulliah appa college	jannupithous@gmail.com	Nutr
10/31/2021 13:06:28	Habiba Rashida M	Student	3rd B.Sc. NUTRITION & DIETETICS	SADAKATHULLAH APPA COLLEGE	habibashrida@gmail.com	NUT
10/31/2021 13:07:02	S.Israth Raihana	Student	PG	Sadakahulliah appa college	izrathraihan878@gmail.com	Nutr
10/31/2021 13:07:34	M. Fathima Riswana	Student	B.Sc. Nutrition and dietetics	Sadakahulliah appa college	risvij3@gmail.com	Nutr
10/31/2021 13:07:38	S.THAWFIQA	Student	Student	Sadakahulliah Appa College	thawfiqa123@gmail.com	Nutr
10/31/2021 13:07:39	S.N.Raya Shanaz	Student	Student	Sadakahulliah appa college	nathaharsharayahshanz@gmail.com	B.Sc
10/31/2021 13:07:54	S.JAMAL FATHIMA AFRIN	Student	B.Sc NUTRITION & DIETITICS 2nd year	SADAKATHULLAH APPA COLLEGE	afrirafathima8754@gmail.com	NUT
10/31/2021 13:09:41	O. Kurinjimalar	Student	College student	Arul anandar college	Kurinjimalar2004@gmail.com	Nutr
10/31/2021 13:10:30	S. Rajiv Gandhi	Student	Vegetables health	Arul ananthar	rajivrooban26@gmail.com	Nutr
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10/31/2021 13:13:25	Dr.P.MAGESWARI	Faculty	Assistant Professor	Sadakahulliah Appa College, Tirunelveli	magespm@gmail.com	FOC
10/31/2021 13:14:34	Kutty Esther .A	Student	STUDENT	Sadakahulliah appa college	kuttyesther140200@gmail.com	FOC
10/31/2021 13:15:12	NATHIRAH SUBAITHAM	Student	STUDENT	SADAKATHULLAH APPA COLLEGE	nathirahani0401@gmail.com	NUT
10/31/2021 13:17:09	A. Mariyam Hyrum Nisha	Student	MSc.Nutrition and Dietetics	Sadakahulliah Appa College	hyrumnisha560@gmail.com	Nutr
10/31/2021 13:18:02	Elango. P	Student	Student	Sadakahulliah appa college	elangoeelango63043@gmail.com	Nutr
10/31/2021 13:19:59	O. Kurinjimalar	Student	College student	Arul anandar college	Kurinjimalar2004@gmail.com	Nutr
10/31/2021 13:21:10	RAJESHWARI M	Faculty	GUEST LECTURER	GOVERNMENT ARTS COLLEGE (A), KARUR	mrajeswar2009@gmail.com	Nutr
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10/31/2021 13:29:34	S.Desika	Student	Student	Govt arts & science College (autonomous)	ddeesika942@gmail.com	Nutr
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10/31/2021 13:47:37	Sakthibalan	Student	Student	Sadakahulliah appa college	sakthibalan6543@gmail.com	Nutr
10/31/2021 13:49:44	SELVAM I	Student	Student	Sadakahabhulla appa college	siselvam03@gmail.com	Nutr
10/31/2021 13:50:58	B.Arunkumar	Student	Food safety officer	Arul Anandar college	ak7131587@gmail.com	Nutr
10/31/2021 13:52:47	V.Mahalakshmi	Student	Student	Sadakahulliah appa college	21sindul07@gmail.com	Nutr
10/31/2021 13:55:00	Nandhini.S	Student	Nutrition and dietetics	Sadakahulliah appa college	sasimahad478@gmail.com	Nutr
10/31/2021 13:55:49	G.MUPPIDATHI	Student	Student	Sourashtra college for women	nandhinishannmugavel16@gmail.com	Nutr
10/31/2021 13:55:52	R.Balaambika	Student	Student	Sadakahulliah Appa College	mnpupeekrish@gmail.com	Nutr
10/31/2021 13:57:23	Vishnu priya	Student	Food office	Sadakahulliah appa college	bala16ambika@gmail.com	Nutr
10/31/2021 13:58:08	Aafriin Banu TA	Student	UG student	Government art college	padmanathanvishnupriya22@gmail.com	Nutr
10/31/2021 13:58:20	K. S. S. S. S.	Student	UG student	Sadakahulliah Appa College	honeyalee11@gmail.com	Nutr

Timestamp	Name	Student or faculty	Designation	Name of the college	Email address	Dep
10/31/2021 19:43:34	MUTHU KATHIJA,N	Student	Bsc	Sadakathullah Appa College	n.muthukathija@gmail.com	Nutr
10/31/2021 20:44:25	R. Madhumitha	Student	Studing	Government arts and science	Madhu_madhu_4559027@gmail.com	B.Sc
10/31/2021 22:17:47	V.sharmila	Student	MSc nutrition and dietetics	Sadakathullah appa collage	sharmilapgsac@gmail.com	Nutr
11/1/2021 7:40:21	Rajsivam N	Student	Student	Sadakathullah appa collage	nsivam080403@gmail.com	Nutr
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11/1/2021 9:32:16	Sumaiya	Student	Msc N&D	Thassim Beevi Abdul Kader College for Women	sumaiyaabakar18@gmail.com	Horr
11/1/2021 9:34:19	R.safrin rahumath	Student	MSc Student	Thassim beevi Abdul kadir collage for women	hamzahumam12345ali@gmail.com	Horr
11/1/2021 9:37:38	M. Dharani	Student	M. Sc., nutrition and dietetics	Thassim beevi abdul kadir women's collage	dhara_mmc14@gmail.com	Horr
11/1/2021 9:37:54	K.Adaikalam Nancy	Student	M SC nutrition and dieteti	Thassim beevi Abdul Kader women's collage	adaikalamnancy3@gmail.com	Horr
11/1/2021 9:39:21	V. Kavia freetha	Student	M.sc	Thassim beevi abdul Kader collage for women's	freetha_vf@gmail.com	Horr
11/1/2021 9:44:09	S. Ashifa Shahani	Student	M. Sc. (Nutrition and dietetics)	Thassim beevi abdul kadir collage for women	shahaniashifa134@gmail.com	Horr
11/1/2021 10:32:29	M.HASINA BALKISE	Student	Student	Sadakathullah Appa College	hasinapgsatatak@gmail.com	M.Sc
11/1/2021 10:48:55	Renuka Devi A	Faculty	Assistant professor	Sourashtra college for women, Madurai-4	renutamil.2012@gmail.com	Nutr
11/1/2021 11:14:29	DEVI T	Faculty	Assistant Professor	V.V.Vanniapernumal College for Women, Virudhunagar	devit@vvvcolleges.org	Horr
11/1/2021 11:48:10	S.Petchiraj	Student	Student	Sadakathulla appa collage	petchiraj10@gmail.com	Nutr
11/1/2021 11:49:17	S.Petchiraj	Student	Student	Sadakathulla appa collage	petchiraj10@gmail.com	Nutr
11/1/2021 11:50:52	P.Shafar Ali	Student	Student	Sadakathulla appa collage	shafars72@gmail.com	B.Sc
11/1/2021 11:52:18	M. Mohamed Riyas	Student	Student	Sadakathullah appa collage	shahfariyas456@gmail.com	Bsc
11/1/2021 12:04:22	Manisha.R	Student	Student	Govt.Arts collage of karur	manishaanand9402@gmail.com	Nutr
11/1/2021 12:04:27	Nandhini.J	Student	Learn	Government Arts And Science College thanthonimalai Karur	nandhu21262126@gmail.com	Nutr
11/1/2021 12:04:37	Arunpandiyan	Student	Thanthonimalai	Artscollage karur	Arunpandi007noway@gmail.com	NFS
11/1/2021 12:05:34	A lokeshwari	Student	Student	Government arts and science College thanthony malai	alokeshwari1516@gmail.com	Nutr
11/1/2021 12:06:27	A. Ragunathan	Student	Second year student	Arts clg of karur	ragunagunathan773@gmail.com	Nutr
11/1/2021 12:18:41	Noor Jameela M L	Student	MSc Nutrition and dietetics	Sadakathullah Appa College	noorjameela7@gmail.com	Nutr
11/1/2021 12:26:05	Dr.M.Manichithra	Faculty	Lecturer in Homescience	Government Arts collage for women, Sivaganga	mmanichithra@gmail.com	Horr
11/2/2021 9:24:22	S.kanimozhi	Student	2 nd B.Sc.nutrition and dietetics	Udaya college of arts and science	kaniselvarajan416@gmail.com	Nutr
11/2/2021 10:36:12	S.JANNATHUL ROSHAN-SAB	Student	ii B.Sc Nutrition and Dietetics	Sadakathullah Appa College	jannarosesabi@gmail.com	Nutr
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11/2/2021 18:04:18	Aafrin Banu T.A	Student	UG	Sadakathullah Appa College	honeyafes11@gmail.com	III B
11/2/2021 20:56:58	S.A.Sabnam roohi	Student	Nutrition and dietetics	sadakathullah appa collage	roohisabnam2002@gmail.com	nutri
11/2/2021 21:08:39	Sithi Balkees	Student	Student	Sadakathullah Appa College, Tirunelveli	balkeessithi27@gmail.com	Nutr
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11/3/2021 9:07:56	M.Subramaniyan	Student	B SC Nutrition and dietetics 1st year	Sadakathulla Appa College	subramaniyankarikalan2002@gmail.com	B.Sc
11/3/2021 9:11:13	M.Subramaniyan	Student	B SC Nutrition and dietetics 1st year	Sadakathulla Appa College	subramaniyankarikalan2002@gmail.com	B.Sc
11/3/2021 13:28:56	PRAILIN,R	Faculty	Assistant professor	St. Joseph college of arts and science for women Hosur	prailinjohns25@gmail.com	Dep.
11/3/2021 13:37:45	Mohanapriya. S	Faculty	Assistant professor	St. Joseph's college of arts and science for women, Hosur	monanapriyasevakumar10@gmail.com	Dep.
11/3/2021 13:38:23	Semmalar	Faculty	Assistant professor	St. Joseph's college for art and science for women, Hosur	semmalaradu@gmail.com	Nutr
11/3/2021 13:44:15	Sushmitha	Student	Dietitian	At josephs collage	sushmithavenkatesh90@gmail.com	Nutr
11/3/2021 14:28:36	Arunthavanayaki. E	Student	Students	St Joseph college of arts and science for women	meaarunthavanayaki@gmail	BSc
11/3/2021 14:29:01	Sumaiya. R	Student	Nothing	St. Joseph's college of arts and science for women hosur	sumaiyarafeeq2001@gmail.com	Nutr
11/3/2021 15:09:37	Safiya Shabnum R	Student	Bsc., Nutrition and Dietetics	St.joseph's collage of arts and science for women	safiyashabnum@gmail.com	Horr
11/3/2021 15:10:46	J.R.Shiny Joe	Faculty	Assistant Professor	Thassim Beevi Abdul Kader College For Women,Kilakarai	jrshinyjoe@gmail.com	Food
11/3/2021 15:13:47	Ananda Gopika. N	Student	Msc Final year	Queen Mary's College Chennai	agopika14@gmail.com	Food
11/3/2021 15:47:04	Dr. J. GRACIA	Faculty	Assistant professor	The American College Madurai	drjgracia@gmail.com	Nutr
				ev. Sadakathullah arts and science collage for women hosur	nandhubavi75@gmail.com	Nutr

Timestamp	Name	Student or faculty	Designation	Name of the college	Email address	Dep
11/3/2021 20:52:20	Mrs.C.HEMALATHA	Student	Ph.D Research Scholar	Periyar University	hemalathac14@gmail.com	Dep
11/3/2021 22:03:37	B. UMA	Student	STUDENT	SRI MEENAKSHI GOVERNMENT ARTS COLLEGE FOR WOMEN	umabharath0406@gmail.com	Nlur
11/3/2021 22:09:01	Farkana Fathima A	Student	STUDENT	Sri meenakshi gov arts college	farkanafathim@gmail.com	HOK
11/3/2021 22:32:07	Ramya Harshini	Student	M.sc Home Science	SRI MEENAKSHI GOVT ARTS COLLEGE FOR WOMEN	ramyahareshini2008@gmail.com	Horr
11/3/2021 22:35:53	Jerlin. C	Student	Nutrition	St.joseph college of arts and science for women	jerlin_id@gmail.com	Nlur
11/4/2021 7:15:42	D.Indhu	Student	Student	Sri Meenakshi Government Arts college for Women	dindhu75@gmail.com	Nlur
11/4/2021 9:32:18	R.kavya	Student	Yes	Sujosph's of arts and science for womens college	rkavya437@gmail.com	1 Ms
11/4/2021 9:54:14	Azna.S	Student	Student	Muslim arts college,Thiruvithancode	aznaazem08@gmail.com	B.sc
11/4/2021 16:41:00	Jilsiya	Student	1st year	St. Joseph college of arts and sciences for women	LisIyaJ_2004 @. Com	Nlur
11/4/2021 18:46:08	Uma Hari	Student	3rd year nutrition and dietetics	St. Joseph's college of arts and science for women	umaanir742@gmail.com	BSC
11/4/2021 19:03:28	Suma B	Student	Student	St. Joseph's College of Art & science for women (Hosur)	sumasum9790@gmail.com	Nlur
11/4/2021 21:35:57	Ashwini .V	Student	Dietitian	st. Joseph's college of arts and science for women	ashwinireddy142@gmail.com	Nlur
11/5/2021 7:16:21	S.Jifin Fathima	Others	Study	Muslim Arts college	ifinfathima7@gmail.com	Nlur
11/5/2021 7:58:48	K. Deva priya	Student	No idea	Holy Cross home science College	priyadeva487@gmail.com	Nlur
11/5/2021 7:59:47	Mamitha M	Student	B.Sc	Holy cross home science college	mamithamamitha065@gmail.com	Foot
11/5/2021 8:05:22	SOBIYA.S	Student	Associate professor	Holy cross home science college	sofiosekayaraj8527@gmail.com	Bsc
11/5/2021 8:07:15	C.SATHYALAKSHMI	Faculty	Student	Holycross Homescience college Thoothukudi	sathyalakshimimurugan@gmail.com	Foot
11/5/2021 8:09:09	Annal Jeba. B	Student	Associate Professor	Holy Cross Home Science College Thoothukudi	annaljeba7102@gmail.com	Foot
11/5/2021 8:10:31	Dr.M.S.Rubha	Faculty	M.Sc.	Home Science Holy Cross College	msrubha17@gmail.com	Foot
11/5/2021 8:22:20	Josephine. Prabha	Student	B. Sc - Food Science and Nutrition	Holy Cross Home Science College, Thoothukudi.	josephine.prabha1978@gmail.com	Foot
11/5/2021 8:22:44	R. Kalpana	Student	Student	Holy cross Home Science College	kalpanaramaraj@gmail.com	Foot
11/5/2021 8:23:24	S. Rajalaksmi	Student	Student (1st year B.sc)	Holycross Homescience college	aishtwarayaraj07@gmail.com	FSN
11/5/2021 8:23:37	Gomathi V	Student	M.Sc	Holy cross home science college	vgomathi454@gmail.com	Foot
11/5/2021 8:23:45	Muthu Niveetha .M	Student	Assistant Professor	Holy cross home science college	ramulove325@gmail.com	Foot
11/5/2021 8:25:58	Ramalashmi	Student	M. Sc	Holy Cross Home Science College Thoothukudi	thanganashok13@gmail.com	Foot
11/5/2021 8:26:01	Mrs.A.Marthagam	Faculty	Assistant Professor	Holy Cross Home Science College	poncysamuel@gmail.com	Foot
11/5/2021 8:27:14	S. PONCY JANET	Student	Dietitian	Holy Cross Home Science College	joyrebecca19@gmail.com	Diet
11/5/2021 8:35:05	Rebekka joy	Student	Dietitian	Holy Cross Home Science College	joyrebecca19@gmail.com	Foot
11/5/2021 8:37:22	Rebekka joy	Student	Ug	Holy cross home science College	safanasat46@gmail.com	Foot
11/5/2021 8:46:44	H.Khathoon Safana	Student	Student	Holy cross home science college, Tuticorin	bsandhya23@gmail.com	Foot
11/5/2021 8:46:44	Veera sandhya B	Student	Assistant Professor	Holy Cross Home Science College	roshiniiprasanna96@gmail.com	Foot
11/5/2021 8:57:32	Roshini . P	Faculty	Tirunelveli	Holycross Homescience college	suliosab2000@gmail.com	Misc
11/5/2021 9:07:54	M. Sulochana	Student	B.Sc	Holy cross home science college	santhanam090@gmail.com	Foot
11/5/2021 9:12:00	சந்திரமொ குடி	Student	Students	Holycross Home Science College Thoothukudi	pnjyalakravi@gmail.com	Foot
11/5/2021 9:13:42	A. Amirtha Lakshmi	Student	Students	Holycross Home Science College Thoothukudi	pnjyalakravi@gmail.com	Foot
11/5/2021 9:15:16	A. Amirtha Lakshmi	Student	Student	Holy cross home science college	premlalrajendran056@gmail.com	Foot
11/5/2021 9:18:08	R.P.Edigy vasantha sheela	Student	Student	Holycross homescience college	thanalakshmi1404@gmail.com	Foot
11/5/2021 9:21:58	Thanalakshmi K	Student	Student	Holy Cross Home Science College	shniekha254@gmail.com	Foot
11/5/2021 9:26:07	M.Lekhashri	Student	Msc	Holy cross home science College	divyadhya564@gmail.com	Diet
11/5/2021 9:29:16	K.DHIVYA	Student	Student	St. Joseph's college of arts and science for women	vasumathi32002@gmail.com	B.sc
11/5/2021 9:34:14	VASUMATHI SRI P	Student	Msc Dietetics and Food nutrition	St. Joseph college of arts and science for woman	rituvarasu199@gmail.com	Bsc.
11/5/2021 9:34:41	Rithika. A	Student	3rd year	Holycross Homescience college Tuticorin	safurinlarifi@gmail.com	Foot
11/5/2021 9:35:40	Mahmoodha Saifun.A.N	Student	Dietician	St. Joseph's college of Arts and science for women	harisir083@gmail.com	Nlur
11/5/2021 9:40:14	S. Sirisha	Student	Assistant Professor	Holy Cross Home Science College	pechinaha11002@gmail.com	Foot
11/5/2021 9:42:24	M. Perchi Maha Lakshmi	Student			moorcha.carro@gmail.com	Foot
11/5/2021 9:49:04	Karolin A	Faculty				Foot